



The LGBT Health  
Resource Center  
of Chase Brexton Health Care  
*Be proud. Be healthy.*

## WE R THE LETTERS

The Lesbian, Gay, Bisexual, Transgender, Queer and Ally community is often described in the acronym LGBTQA. No matter which letter describes you (or if the identity that captures your life isn't commonly listed), we often look for ways to support and encourage each other, but might not know how.

Please use this paper to do just that. **Write a short note, a letter, a poem, or draw picture to let someone else know that they are important and encourage them to be proud of who they are.**

Those receiving letters will be encouraged to write a letter of their own.

A selection of letters will be shared on social media.

CHASE BREXTON HEALTH CARE  
C/O LGBT HEALTH RESOURCE CENTER:  
WE R THE LETTERS  
1111 N. CHARLES STREET  
BALTIMORE, MD 21201

Postage  
needed  
or drop off

## WANT TO SEND SUPPORT TO SOMEONE?

### INSTRUCTIONS

*Address your letter:*

- ✓ To anyone who needs it
- ✓ To a youth
- ✓ To one of our elders
- ✓ To the parent/Guardian of an LGBTQ Person

Do not include your full name or contact information.

Do not include anything inappropriate, including curse words.

All letters will be read, sorted, and distributed to our patients, or to other programs serving the LGBTQ Community.

Those receiving letters will be encouraged to write a letter of their own.

A selection of letters may be used in marketing materials.



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1111 North Charles Street - Baltimore, MD 21201 - [resourcecenter.lgbt](http://resourcecenter.lgbt)



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